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## **Overview**

Involvement in alternative therapies for various populations using therapeutic recreation and music therapy methodologies and techniques.

Registered with the Washington State Department of Health as a Recreational Therapist. Currently enrolled as a senior at Eastern Washington University working towards a degree with in Recreation Therapy, Music, Neuroscience, & Research Psychology. Working toward national certifications in the National Council for Therapeutic Recreation Certification's (NCTRC) Certified Therapeutic Recreation Specialist (CTRS) and the National Commission for Certifying Agencies (NCCA) Music Therapist - Board Certification (MT-BC).

## **Related Therapeutic, Music, and Recreation Work Experience**

### **2014 to Current**

#### **RPG Therapeutics LLC**

#### **Recreational Therapist**

1312 N. Monroe, Suite #114

Spokane, WA 99201

<http://www.rpgtherapeutics.com>

Providing Recreational Therapy / Therapeutic Recreation (RT/TR) and Music Therapy based services, to a wide range of populations, including but not limited to:

Developing Therapeutic Recreation / Recreational Therapy programs using various forms of role-playing games as intervention modalities to achieve specific therapeutic and educational goals for individuals and groups of various client populations (At-risk youth, ADD/ADHD, Autism spectrum, brain injury, CP, Deaf, various mental health diagnosed, toddlers, youth, adults, seniors, and others). Washington state registered Recreational Therapist #RE60526204. Not yet CTRS (pending completion of degree and internship requirements before sitting for NCTRC exam).

RPG Therapeutics LLC fulfills the needs of individuals and groups by utilizing therapeutic recreation assessment and therapy methodologies in the adaptive application of role-playing games as a therapeutic and/or educational intervention modality for diverse populations. Simply put, we use role-playing game therapy (RPG Therapy) to help address the specific needs of various individuals and groups.

While RPG Research is the pure research division, RPG Therapeutics LLC, utilizes information developed from the RPG Research studies toward the implementation of program plans to meet specific targeted goals of clients.

The roots of RPG Research began to develop in 1985, it was formally founded in 2006, with our Spokane Monroe Street facilities established in 2012, and RPG Therapeutics was formally formed September 2014, with incorporation in 2014.

Programs are implemented based on various combinations of Recreation Therapy / Therapeutic Recreation and other methodologies.

RPG Therapeutics utilizes multiple Role-Playing Game (RPG) formats that best fit specific client needs. These formats include adaptive versions of Tabletop RPG (TRPG), Computer-based RPG (CRPG/MMO/MMORPG/MUD/MUSH), Choose Your Own Adventure

(CYOA), and Live-Action Role-Playing (LARP) for individuals and groups.

Developing program plans that meet the needs of:

- \* Age groups from 2.5 years old, to senior citizens.
- \* Populations requiring socialization skill development, addressed through cooperative problem solving modules.
- \* Populations with various learning disorders, using RPG as educational and therapeutic tools to achieve specific targeted goals.
- \* Autism Spectrum toddlers, youth, and adults for both therapeutic and educational milestones.
- \* Traumatic Brain Injury (TBI) neuroplasticity benefits.
- \* Post Traumatic Stress Disorder (PTSD) desensitization and reintegration.
- \* At-risk youth cooperative activities.
- \* Depression, developing success-oriented approaches and improved social support network.

### **November 2014 to March 2015**

#### **Saint Luke's Rehabilitation - Brain Injury & Spinal Cord Injury Departments Recreation Therapy Activities Volunteer**

711 S Cowley St  
Main campus  
Spokane, WA 99202  
+1-509-473-6000

<https://www.st-lukes.org>

Following guidance of Therapeutic Recreation Specialists (\_\_\_\_\_ and \_\_\_\_\_), engaged in recreational therapy activities to help the recovery process of clients, including Brain Injury (stroke, Traumatic Brain Injury (TBI), etc.) rehabilitation, Spinal Cord Injury (SCI) & Osteopathic rehabilitation, and cardiopulmonary patients. Activities included a broad range related to Recreation Therapy / Therapeutic Recreation (RT / TR), and Music Therapy (MT).

### **July 2006 to Current**

#### **Spokane American Sign Language Study Group Facilitator**

Various Locations in Spokane & Cheney, Washington

<http://www.spokaneasl.com>

The Spokane ASL website and study group was created to help those who are learning, practicing, and/or using ASL (American Sign Language). It has expanded to become a resource for everyone in the signing, Deaf, and Hard of Hearing community for schedules of daily, weekly, monthly, and annual events and gatherings in the greater Inland Northwest near and around the greater Spokane Area, Post Falls, Couer d'Alene, Cheney, and beyond. You will find resources for meeting schedules and locations, online web forum, email announcement and discussion lists, downloads, links, live chatrooms and other resources.

### **2004 to Current**

#### **RPG Research**

#### **Primary Investigator / Researcher**

1312 North Monroe  
Suite #114  
Spokane, WA, 99201

<http://www.rpgr.org>

From the Therapeutic Recreation / Recreation Therapy (TR / RT) perspective, researching the effects of role-playing games upon participants and the potential uses of role-playing games in all formats (tabletop, live-action, solo books/adventures, and computer-based), as potential modalities for achieving educational and therapeutics goals of clients, for a wide range of populations.

#### **2006-2011**

**Eastern Washington Center for the Deaf and Hard of Hearing (EWCDHH)**

**Eastern Washington Center for Deaf and Hard of Hearing**

**Volunteer & Systems Administrator**

Spokane, Washington

- Signing with Santa
- Signing Halloween
- Deaf Coffee Chat
- Spokane American Sign Language Study Group
- Deaf Thanksgiving Dinner

#### **2007**

**Northeast Youth Center**

**Student Volunteer through EWU**

Fantastic Fun For All - Extreme Medieval Sports theme

Hillyard, Washington

Details: .....

#### **2008**

**Free Rein Therapeutic Riding**

**Hippotherapy "Side-walker"**

Spokane, Washington

<http://www.freereinspokane.org/>

Details: ...

#### **2006**

**Campfire USA - Camp Dart-lo**

**Camp Counselor, Archery Instructor, & Activities Provider**

Details: ...

#### **1995-2003**

Computer Science and Information Technology

Various locations

Various positions from technician to senior executive.

See full technology-related resume at:

<http://www.hawkenterprising.com>

#### **1990-1991**

Certified Nursing Assistant & LPN Trainee

Doxie Hatch Medical Center

Salt Lake City, Utah

**1990**

**Hillcrest Care Center  
Habilitation Therapist**

Details: ...

**1979**

**Saint Joseph's Villa  
Elderly Care Volunteer**

Salt Lake City, Utah

Details: ...

## **Related Training and Activities**

July 2011

**Power of Music**

EWU, Erin Foster

Course and workshop on music therapy

Cheney, Washington

Student

Details: ...

July 2011

**Tremble Clefs**

Rockwood Retirement South

Spokane, Washington

Participant

Details: ...

2007

**Recreation Professional Involvement Seminar**

Cheney, Washington

Details: ...

1989

**Licensed Practical Nurse training program**

Doxie Hatch Medical Center

Salt Lake City, Utah

Details: ...

1989

**Certified Nursing Assistant training program and certification**

Doxie Hatch Medical Center

Salt Lake City, Utah

Details: ...

## Languages

2006-2012

**American Sign Language** - ASL, I, II, III – 2006-2007, Spokane ASL weekly study group

<http://www.spokaneasl.com>

2008

**Mandarin I**

Spokane Falls Community College (SFCC)

Spokane, Washington

2005-2012

**Recreation Field Practicum Convention Organizer**

MerpCon 2005-2009

Tolkien Moot 2010-2012

Spokane, Washington

1985-1986

**RPG Association Convention Organizer**

Millcreek, Utah

1985-1986

**Russian I and II**

Highland High School

Sugarhouse, Utah

1983 - 1985

**Spanish I, II, III**

Realms of Inquiry

Salt Lake City, Utah

## Therapeutic Recreation Courses

EWU:

- Recreation and Leisure in Modern Society - 2004
- Overview of Therapeutic Recreation Services - 2005
- Leadership in Recreation - 2006
- Arts in Recreation - 2006
- Programming in Recreation - 2007
- Professional Involvement in Recreation - 2007
- Outdoor Adventure Programming - 2008
- Aqua Aerobics - 2006-2007
- Yoga - 2006
- Karate - 2006
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Other

- Kung Fu
- Aikido
- Karate
- T'ai Chi

### **Music Courses:**

#### EWU

- Music Theory I to III – 2011-2012
- Sight Singing & Aural Skills I to III – 2011-2012
- Piano for Non-majors II and III – 2012
- The Power of Music and Music Therapy. - 2011
- Music in the Humanities - 2009
- Guitar and Music Fundamentals – 2009
- Voice – 2004-2008
- Concert Choir – 2004-2008

#### Other

- Voice (private lessons) - 2008-2012

### **Psychology Courses:**

Medical Terminology - 2005

Abnormal Psychology - 2006

General Psychology - 2011

Counseling, Education, and Developmental Psychology – Life Span Development. - 2009

### **Awards**

Winner of program planning for course

Precision Tune technician of the month (year/month(s))

EWU Dean's List Fall 2008

### **Degrees / Certifications**

GCIH (Global Information Assurance Certified Incident Handler)

Sans Institute

2002

<http://www.giac.org/certified-professional/hawke-robinson/103605>

Sun Microsystems Solaris Systems Administrator part 1

2002

Microsoft Certified Professional plus Internet - MCP+I  
1999

Microsoft Certified Systems Engineer - MCSE  
1999

Certified Netware Administrator – CNA  
Novell  
1998

Microsoft Certified Professional – MCP  
1998

Associates in Computer Science  
Certified Careers Institute  
1996-1998  
GPA 4.0

1990  
Certified Nursing Assistant  
Utah

Automotive Service Excellence  
Engine Performance and Tune-up  
...  
...  
...

Swimming pool/spa certification

Other industries professional overview

RCLS related Activities

sewing bean bags and juggling

Deaf activities

## **Published Works & Press**

Other Minds Magazine -

Examiner.com -

KREM2 News -

VICE -